

UV Tanning Tips

Use an accelerator (tanning lotion) to hydrate your skin and help achieve an even long-lasting tan. The lotion helps keep your skin soft and healthy and makes it easier to tan.

Exfoliate before tanning to remove dead skin cells and help your tan last longer.

Wear protective eyewear at all time.

Moderation is key, always follow recommended exposure schedule. Depending on your skin type, our technician will recommend how to slowly increase your exposure time.

You may not see instant results as it takes a few hours after your session to develop a tan.

Wait 24 hours between your tanning sessions.

Depending on your skin type, it takes between 3 and 5 sessions to develop a base tan. It usually takes more time to develop a tan on your legs and arms (2-3 sessions to catch-up).

Once you have reached your desired tan, visit us 2 times a week to maintain. If you reach a plateau, consider upgrading to a different bed or using a different lotion.

Use a Tan Extender lotion to make your tan last longer.